



School sample menu
September 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Pasta, tomato sauce & garlic bread	Meatballs & rice	Roast dinner	Chicken, rice & curry sauce	Pizza & fries / wedges
Week 2	Pasta, tomato sauce & garlic bread	Chicken pot pie, vegetables & potatoes	Roast dinner	Sausages, wedges & beans	Chicken goujons / nuggets, oven-baked skin-on chips
Week 3	Pasta, tomato sauce & garlic bread	Taco Tuesday	Roast dinner	Pasta carbonara / Macaroni & cheese	Franks in a bun

*Due to produce availability, we may make last minute changes to these menus on an ad-hoc basis.

Each day, we also offer jacket potatoes with a variety of fillings, alongside our very popular salad bar (see below for further information). In the Juniors, we also offer a special Rosie McMuffin too! During the colder months, homemade soup will be available.

Our puddings vary on a daily basis but include shortbread, flapjack, cookies, cakes (with fruit and even vegetables in!) and fruit crumble & custard. We also have fresh fruit, cheese & crackers jelly and yogurts on offer daily.

Infant Salad bar – range of sandwiches, hummus & crudites, pesto pasta, cheese wraps, sweet & sour noodles, samosas, sausage rolls, spring rolls and chicken goujons. All accompanied with salad vegetables.

Junior Salad bar – range of sandwiches, hummus & crudites, pesto pasta, cheese wraps, sweet & sour noodles, samosas, sausage rolls, spring rolls, chicken goujons, gyozas, chicken tikka pieces and cheese & spinach slices. All accompanied with salad vegetables, as well as homemade cous cous, homemade coleslaw and olives.